



Les Petits Soleils^{Inc.} Preschool

December News – Année 2A

It's hard to believe that three months have gone by already. We are having a great time with your children and love to see how willing they are to learn. We would also like to take this opportunity to wish you all a very happy holiday time and a Happy New Year. Please remember that preschool is closed over the Christmas break, with your class's Christmas party on your first class of the last week of school and then your Christmas break begins after the Christmas concert, (**December 19 – January 3 inclusive**). Classes resume the week of January 6th.

Please note that calendars and newsletters are posted on our website, should you misplace or delete your own copy.

Un petit rappel / Gentle Reminders

1. Please remember to take your child to the bathroom upon arrival at school and before going in to class.
2. Please be sure to empty out your child's mailbox of crafts and notes at the end of each day.

Ce qu'on apprend / What we're learning

This month we are learning about the Winter Holidays. The colour of the month is rouge (red). Below is some of the vocabulary that we will be learning throughout the month.

Le mois de décembre (the month of December):

Le thème: les vacances
(holidays)

- Noël (Christmas)
- Un sapin de Noël (Christmas tree)
- Le Père Noël (Santa)
- Un bonhomme de neige (snowman)
- L'hiver (winter)
- La neige (snow)
- Une couronne (wreath)
- Une cloche (bell)

La couleur: rouge (red)

- Colour a picture using only rouge.
- Can you see anything outside that is rouge?
- What is rouge at your house?

L'alphabet: Jj, Ff

- Is this letter in your name?
- Can you write this letter?
- Look for the letter when you're out with your family.

Concert de Noël / Christmas Concert

We will be holding our Christmas Concert for all four classes on **Wednesday, December 18th** at 6:30pm in Campbelltown School gym (271 Conifer Street) and NOT at Sherwood Heights School. Parents are expected to attend with their child. The children have already begun to learn their songs and dances and are having a great time doing so. **Please bring your child to the school for 6:15pm**. Due to the size of the gym, each family will have a limit of **4 tickets, for 4 guests to attend. Your preschool child does NOT require a ticket**. If necessary, we can help families acquire an extra ticket each, especially if immediate family size is 6, and thus 4 tickets doesn't even allow for the siblings and parents to attend. If you have extra tickets that you won't be using or you have 2 children in our preschool and thus receive 8 tickets, please hand extras back to your teacher so we can redistribute them to those really in need. Please note that, due to fire code regulations, every guest (including small children and infants in car seats) must have a ticket. Please let us know as soon as possible if your child will not be attending the concert. Christmas concert tickets will be distributed the week of December 9th.

Each child will require some props for the concert. As soon as possible, and by December 9th at the latest, please send the following to school:

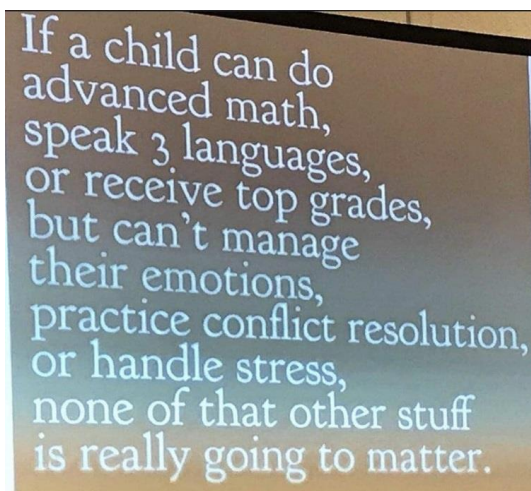
- A small Christmas gift bag (not for wine), clearly labeled with your child's name, **and inside the bag:**
- A box of macaroni and cheese (to use as a shaking instrument) wrapped in Christmas paper.
- A winter toque
- A pair of sunglasses
- A functioning flashlight that your child can turn on and off on their own

We will also be collecting donations for the food bank that night, so please bring a donation. We will add each child's macaroni box to the donation. We will also have a Silver Collection bowl for willing families to contribute toward the rental cost of the gym for the evening.

Don de charité / Charity donation: Ronald McDonald House gift cards

As emailed, we will be collecting donations of gift cards to support Ronald McDonald House. If you choose to contribute, please submit your donation to a preschool staff member by December 13th, with thanks! Please check your email for recommendations of the gift cards most in need.

Emotional regulation tips / La regulation émotionnelle



"Intention for the day 365 calendars" for sale for \$20 each

Bring our "word a day technique" into your own home or workplace for support when life unexpectedly pulls the rug out beneath you! Place your orders with LPS staff so that life is always happening FOR you and not TO you!

Inner Critic to Coach: Upcoming complimentary introductory session!

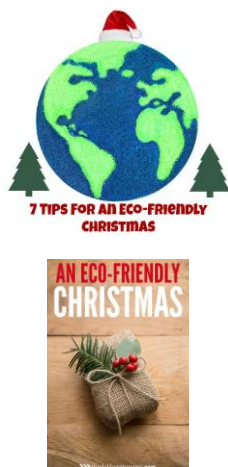
Learn more about why the simple Belief Re-patterning tools of your children winking in the mirror and smiling going through doorways is training their subconscious minds to automatically attract more positivity toward them.

Have you been wondering what you've done wrong to attract the "ick" you find yourself in? In this fast-paced interactive evening, Suze will support you in shifting up old patterns that have kept you in the spin cycle.

Sherwood Park: November 27, 6:30pm
Edmonton: November 28, 6:30pm

Go to www.critic2coach.ca to register, using code #B303 to attend as a Les Petits Soleils' guest!

Nature Challenges: how to protect the earth / Les défis de la nature: comment protéger la terre



The most magical time of year is here! Did you know that **Christmas** wrapping paper is one of the worst one-time use waste and that foil/glitter decorative papers are not recyclable at all and end up in landfills? This month I challenge all families to wrap (or not wrap at all) at least 3 presents in recycled paper. Take a trip down vintage lane and see how presents used to be packaged in brown paper with twine as the ribbon, or how metal and wooden crates/boxes were used for gift wrapping. Even stockings were actual socks or made of burlap! Let's challenge ourselves and see how eco-creative and friendly we can be and send in pics! I bet Santa and his Elves could help reduce the wrapping waste as well. ~ Madame Kim

Experiential gifts / Les cadeaux d'expériences

Are you tired of clutter and endless amounts of material gifts from extended family members?
Why not suggest the gift of an experience for your child instead?
Take advantage of our promotion running until December 20th!

Give your “almost-Kinder” the gift of summer camp at only \$150/week (regular \$220)!
Contact us to purchase!

Prior to attending your summer camp, my daughter had only ever been in one day home environment or cared for by family, or some half-day preschool programs. The full-day experience of camp with great weekly themes, crafts, snacks, free play time, mixed ages, and in-house guests really helped her to prepare for full-day Kindergarten this year. She has asked often if she can go back to your summer camp. She loved the staff and felt very comfortable with everyone! -Sheena McQuarrie

Fête de Noël / Christmas Party

On December 16th, we will be holding a Christmas party for the class. We will need 4 extra parent volunteers for this party. We would like to give all parents an opportunity to help at a party, so if you already volunteered for the Halloween Party, we will take your name, and let you know if we don't get enough new volunteers. Please email us (petits-soleils@shaw.ca) if you would like to volunteer as an extra parent helper.

Should you have any questions or concerns, please contact us. Merci!

Madame Kathryn, Madame Kim and Madame Kristen